



Learn, Love, Contribute, Grow
Aim High—Stand Tall - Taraia nga taumata E tu teitei
www.kaeoprimary.school.nz
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Phone: 405 0099

Term 2
Week 7

Hello everyone,

The middle terms are always tougher than those at the beginning and end of the school year. Term 1 comes with the excitement of a new school year, beautiful Northland weather, swimming and long evenings to relax and enjoy and Term 4 brings the arrival of summer, our big days including Pet Day, Prizegiving and Graduation night for those leaving us and the excitement leading up to Christmas and the summer break.

In contrast terms 2 and 3 bring winter, coughs and colds and too much inside time for us all, that draining feeling that comes with getting up and going home in the dark!

Indeed, scientists have identified that the 'winter blues' are a real thing and that the lack of vitamin B from the shorter sunlight hours is the main cause for this.

So what can we do to manage this? Getting out in the fresh air and sun when it is about is a good start as is trying hard to ensure healthy eating (amongst the Sunday afternoon comfort food!).

And, most importantly setting your sights on the longer days ahead – only 13 days until the shortest day of the year, only 11 weeks until spring!

Kind regards,
Paul Barker.

Dates for your Diary

June 16	Cross Country Totara North
June 19	BOT Meeting
June 22	Cross Country Saver Day
June 23	Football Fun Day
June 30	Term Ends, 1pm.

Students of the Week

No Students of the Week last week so instead here is a nice picture of Eva and Ahurei delivering our harvest of pumpkin to the community pantry.



Friday Lunch

There are no free lunches tomorrow instead it is Cheeseburger Day raising funds for our trios next term \$4 per child please. If you do not wish your child to have a cheeseburger please send them to school with a lunch from home tomorrow.

Piano Lessons

Interested in learning to play the piano? Individual piano lessons for those aged 8 and above. Lessons include practicing scales, theory, sight-reading, fun pieces, musical knowledge, exam preparation, performing to an audience and encouragement to participate in concerts, competitions and community events. Located locally at my home studio near Kaeo.

Please Contact Maree Munford for more information. Phone: 022 0680963
Email: mareespianotuition@gmail.com

"It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings." - Ann Landers.