



KIWI CAN WEEKLY FUN SHEET

Kiwi Can Theme Term 2

Resilience

Resilience means being able to cope with challenges (difficulties) and bounce back. While in lock down, that could be a range of things from:

- **Not being able to see your friends**
- **Having your brothers and sisters around you all day**
- **Not getting to go to the shops**

Kiwi Can wants you to focus this week on making your own fun, trying new things and making the best of what you have in your own bubble

Catchphrase

KIWI CAN SAYS...

**“Face your challenges head on
That is what will make you strong’**



Leader Profile

Kia ora Everyone!

My name is Jess and I have been working with Kiwi Can for nearly 8 months now. I work at Totara North, Oruaiti, Taipa, Te Hāpua, Ngataki and Kaeo Primary School. (I have also spent time at Mangonui, Matauri Bay & Te Kura o Hato Hohepa Te Kamura)

The challenges I have set for this week are simple yet fun and engaging activities for the whole family to get involved in. I cannot wait to see you all again soon but until then keep safe everyone!

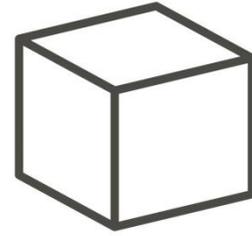
P.S This is my german shepherd Juno, I am sure I have mentioned her to most of you 😊



It would be awesome if you can take photos or videos of you and your children completing any of these activities and private message our facebook page or email me on tracy.walker@dinglefoundation.org.nz so that we can share to our facebook page. Here is the link to our page: <https://www.facebook.com/KiwiCanFarNorth>

GKQ (General Knowledge Questions)

1. What are the three official languages in New Zealand?
2. How many straight edges does a cube have?
3. How many bones are there in the human body?
4. Where was the 2021 Olympics held?
5. Which country is home to the deadliest spider?
6. Magpies are native to New Zealand... True or False?



Science: Bottle rocket using a plastic bottle

Supplies

1. Baking Soda
2. Coloured pencils
3. Vinegar
4. Plastic bottle
5. Wine cork
6. Tape



Instructions

1. Tape pencils to the plastic bottle so that the flat end will touch the ground when the bottle is upside down.
2. Pour vinegar into the bottle
3. Add the baking soda and quickly push in the cork. You only need a little bit of baking soda
4. Flip the DIY bottle rocket upside down and step back before it shoots away!



Craft: Salt dough cast

Ingredients

1. 500g of plain flour
2. 250g of salt
3. 250ml of water (add slightly more water if necessary)

Instructions

1. Mix the flour and salt then add the water
2. Mix into a dough
3. Roll out on to a flat surface into the desired shape about 1 to 1.5cm thick (remember to sprinkle some flour down to prevent sticking)
4. Place on a baking tray
5. Make hand imprints (as deep/clear as possible)
6. Place in the oven on the lowest heat possible and bake for three to four hours or until completely solid top and bottom. (Alternatively, you can leave to air dry for a couple of days in a cool dry place - this is the best option if you only have self-raising flour)
7. Paint with your choice of paints/colours
8. Seal with any kind of varnish or sealer to preserve it. Varnish or PVA and water mix will work



Outdoor/Indoor: Sock Wrestling

Aim of the game: To remove a sock from your opponent

Instructions

1. Cone off a ring to play within. (Best suited to grass, sand-anything soft)
2. 2 Players start within the ring on their knees.
3. When the game starts, you have to battle to get the sock off your opponent
4. The game ends when one of the players has done so.
5. Winner goes on to challenge the next person



Fruit



Y D N W O S T J F U B K S E P A R G C X
 H R Z E M I L Y T C N A O T M V E L A R
 M I E S J R W A V S O X P K Y F H N Q B
 U C A B F Y N O M E L G E P R O A D T Z
 L Q E X M G I F B H E R A U L N C W I S
 P B Y T E U P K D O M V C J A E P H U A
 G F A R N L C Z A S R N H B W T S E R F
 X K I P R Z D U J Y E Q E M A N G O F W
 R N L M H E Y Q C L T I S V H U B J E C
 E O J G A W B M P X A O R X F K Z S P D
 S T U C O F V P N Q W H L R O M T I A Y
 B A E Y R K A X S Z F J D G E R V H R L
 C M Y Q A E N H D A P M T L A B S R G I
 J O L V N X F C I T R U S W D Q E Z K P
 R T E I G P O S W E Y I B O N H T U J M
 I S P D E N I R A T C E N F C J A X L O
 Z W H U C Q M A G K R L U S G Y R E V B
 A X I F L S J E B R D A P R I C O T N R
 V G R K B H U P Y N J Z Q M L E W F D H



apples	cucumber	mango	plum
apricot	grapes	nectarine	raspberry
banana	grapefruit	orange	strawberry
blueberries	kiwi	peaches	tangerine
cherry	lemon	pear	tomato
citrus	lime	pineapple	watermelon



Answers to GKQ (General Knowledge Questions)

1. Māori, English, Sign Language
2. 12
3. 206
4. Tokyo
5. Australia - The Funnel Web Spider
6. False - Magpies are native to Australia

